

Sure Glide

Product Data Sheet

Premium Quality Treadmill Lubricant

Product Details

Product Name: Sure Glide® Pump Pack
Contents: 100% silicone oil
Recommended Use: Lubricant for gym and exercise equipment

Supplier Details

Sure Glide Pty. Ltd.
PO Box 185
Rutherford, NSW, 2320
www.sureglide.com.au

Safe Use and Handling

Use with adequate ventilation. Avoid contact with eyes. Do not ingest. Wash hands after handling, especially before eating, drinking or smoking. Keep out of reach of children. Store upright and out of direct sunlight.

Directions for use

Sure Glide® Pump Pack is suitable for use on all gym and exercise equipment. Disconnect equipment from power supply to avoid accidental operation whilst applying the lubricant. Sure Glide® Pump Pack is completely odourless so the equipment can be used immediately after application of the lubricant. Clean any overspray with a lint free cloth and warm soapy water.

Treadmills

Loosen the running mat (refer to your owners manual for directions on how to do this). Lift one edge of the running mat and apply several squirts of lubricant underneath the mat. For best results, get as close to the centre of the base board as possible. Repeat on the other side. Retighten the treadmill belt. Operate on low speed for at least 15 seconds to distribute the lubricant evenly.

Important: do not apply Sure Glide® onto the top of the running surface.

All other exercise equipment

Apply lubricant liberally to all moving parts including pulleys, rollers and slides.

Application frequency: For best results apply Sure Glide® Pump Pack weekly.



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